

Welcome to 7th Grade Family and Consumer Science (FACS)

Class meets for an 85 minute block every other day for one trimester...that will be about 28 classes.

What are we going to be learning in FACS class?

In the Project Management Unit, students will apply basic sewing skills and personal style to make a duffel bag. Career skills of time management, pursuit of quality, problem solving, productivity, responsibility, and perseverance will be stressed.

In the Food and Nutrition Unit, we will continue to use the MyPlate Food Guide and learn about making choices based on the nutrition label. Food lab emphasis will continue with safety, sanitation and teamwork. We will learn about the importance of breakfast and the use of accurate measuring techniques to create successful products.

Class Standards: In 7th grade FACS you will...

- * Learn how to read a food label
- * Learn how to measure ingredients correctly
- * Work as a team member
- * Follow, prepare, and serve simple recipes
- * Learn about the importance of breakfast
- * Learn how to safely use a sewing machine
- * Learn how to manage time to complete a large project
- * Learn to read and follow diagrams and directions
- * Recognize quality workmanship

What supplies do I need?

Pen or pencil every day!!!
A folder and paper

Grading:

Grades will be based on daily performance in class, completed assignments, quizzes and tests. There will be some opportunities for extra credit.

How can I succeed in FACS?

Do your best every day.....have a positive attitude
Use your class time wisely! Most of our work can and should be done in class.
Finish and hand in all work completed and on time.
Try not to miss class. If you are absent, it is your responsibility to ask for the make-up

Class Rules:

Respect yourself, your teacher, your peers, and our classroom.
Be in your seat when class begins. Be prepared to participate and learn.
Be a good listener and allow your classmates to listen.
Use all equipment correctly and safely.
Clean up your workspace everyday...leave things better than you found them!

