

Welcome to 8th Grade Family and Consumer Science (FACS)

Class meets for an 85 minute block every other day for one trimester...that will be about 28 classes.

What are we going to be learning in FACS class?

In the Resource Management Unit, students will identify and use their personal resources for volunteerism in our community. They will also learn about the resource of money and making good decisions, while considering wants and needs, fixed and flexible expenses, credit, interest, budgets and saving.

In the Food and Nutrition Unit, we will learn about specific nutrients and look at food choices within the framework of "how will I feed myself". In the foods lab, our focus will be on quick and healthy alternatives to fast food meals.

In the Child Development Unit, we will learn about the stages of human development. We will particularly look at infants, toddlers, preschoolers and early elementary school age children. We will study their physical, social-emotional and intellectual growth and our responsibilities as care givers.

Class Standards: In 8th grade FACS you will...

- * Learn about nutrients needed for good health
- * Learn about the relationship between food choices and good health
- * Work as a team member
- * Follow, prepare, and serve simple recipes
- * Identify your personal resources
- * Use your personal resources in the community
- * Learn how to make wise money decisions
- * Learn how to make and follow a budget
- * Know the stages of child development
- * Learn how to care for children to help them reach their potential

What supplies do I need?

Pen or pencil every day!!!

A folder and paper

Grading:

Grades will be based on daily performance in class, completed assignments, quizzes and tests.

There will be some opportunities for extra credit.

How can I succeed in FACS?

Do your best every day.....have a positive attitude

Use your class time wisely! Most of our work can and should be done in class.

Finish and hand in all work completed and on time.

Try not to miss class. If you are absent, it is your responsibility to ask for the make-up

Class Rules:

Respect yourself, your teacher, your peers, and our classroom.

Be in your seat when class begins. Be prepared to participate and learn.

Be a good listener and allow your classmates to listen.

Use all equipment correctly and safely.

Clean up your workspace everyday...leave things better than you found them!

